

Name: _____

Encounter Date: _____

Small Group: _____

Reflection # 2



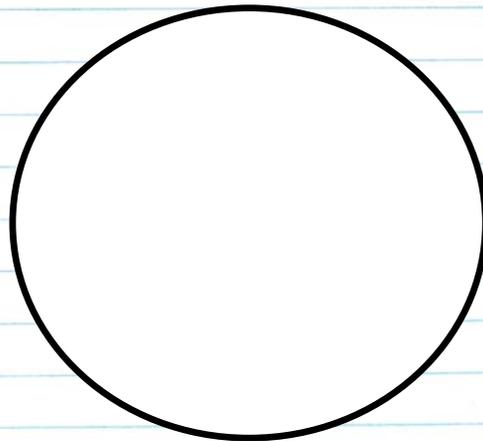
Disciplines: Relationship

Reflection with: Parents Mentor Sponsor

Materials Used: YDisciple, Disciplines of a Disciple, Relationships

Discuss:

Draw a pizza with eight slices, one for eight different categories to represent areas of your life and how you spend time on a day-to-day basis. The bigger you make the slice, the more time you spend in that area.



Categories:

1. Time spent with God
2. Quality time with family
3. Quality time with friends
4. Entertainment and shopping
5. School and homework
6. Sports and clubs
7. Jobs, volunteering, helping at home
8. Phone and computer

This activity is meant to be a visual representation of how we spend most of our time, which really reflects what we find to be the most important. Instead of giving the Lord a thin slice of our time, we must look at our time spent with Him as the crust—the base of that pizza—so that every aspect of our day, of our lives, will be transformed. Our relationship with God cannot be regulated by a time constraint or seen as a checklist we've completed throughout our day; rather, we can live in the reality that God Himself is desiring to be in a relationship with us, and that He wants to be in every aspect of our lives. Not just a slice.

How can you make God the base of your pizza rather than a small slice?

Watch: [youtube.com/watch?v=OINa46HeWg8](https://www.youtube.com/watch?v=OINa46HeWg8)

What is the message in this video?

How does this distraction affect the world around you at school, home, and in your own lives?

How does this distraction affect your relationship with your family, your friends, and with the Lord?

What relationships in your life do you consider to be too difficult?

How do working at relationships and working to accomplish a goal (like being more active) relate to one another? How are they similar?

Have you made the decision that your relationship with God is completely worth all of the effort? If not, what is keeping you from that resolution? If you have, how do you best show that His relationship is important to you?

How can you be intentional in your relationship with God?

What does it mean that we have to determine that a relationship with God must be a necessity to us?

What does it mean that being in a relationship takes action?

It takes endurance because there will be times when we do not always "feel" His presence. What does the phrase "faith is a decision, not an emotion" mean to you? How does this relate to endurance in our relationship with God?

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In what ways can you give time to your relationship with God?

What do you think St. Augustine means when he says that we are restless until we rest in Him?

What does Deacon Poyo say in the video about when we claim we are too busy to spend time with God? Why do you think that intentionally spending time with God would be considered a discipline?

C.S. Lewis says, "I pray because the need flows out of me all the time—waking and sleeping. It doesn't change God—it changes me." How will prayer and actively making Jesus a part of your day change you?