

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Small Group: \_\_\_\_\_

Reflection # 13

**Personhood #1: Sisterhood, pt. 1**

**Reflection with:** SDG    Parents    Sponsor    Other: \_\_\_\_\_

**Materials Used:** YDisciple OR \_\_\_\_\_

*Note: parents should download the leader guide and do the activities with their teen for these sessions.*

What qualities are you looking for in a friend?

Would you rather fit into any group and never be popular, or fit only into the popular group?

Why do the women at the foot of the cross give a good image for true sisterhood?

St. Thomas Aquinas said, "Friendship is the source of the greatest pleasures, and without friends even the most agreeable pursuits become tedious." What do you think he meant by that?

Here, in Genesis 4:3-8, we see envy is literally deadly. Why was Cain envious of Abel?

Envy is often confused with jealousy. Do you know the difference? What do you think are some practical ways to overcome feelings of envy?

Elizabeth's first words to Mary are encouragement. Have you noticed that the word "courage" is in the word encouragement?

Encouragement means to "give courage to another" and is at the core of true friendship. How can we give courage to one another in this group?

There is a saying that "virtue is its own reward." How does that relate to friendships formed in faith?

Mentor Remarks and Food For Thought...

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Parent Signature