

Name: _____

Date: _____

Small Group: _____

Reflection # 13

Personhood #1: Heart of a Woman, pt. 2

Reflection with: SDG Parents Sponsor Other: _____

Materials Used: YDisciple OR _____

Note: parents should download the leader guide and do the activities with their teen for these sessions.

“Man and woman have been created, which is to say, willed by God: on the one hand, in perfect equality as human persons; on the other, in their respective beings as man and woman. ‘Being man’ or ‘being woman’ is a reality which is good and willed by God: man and woman possess an inalienable dignity which comes to them immediately from God their Creator. Man and woman are both with one and the same dignity ‘in the image of God.’ In their ‘being-man’ and ‘being-woman,’ they reflect the Creator’s wisdom and goodness.” —CCC 369

Many teenage girls want to become romantically involved with a boy, but it very rarely leads to marriage—rather it most often leads to heartache and regret. Why do you think this is the case?

The phrase “pay now or pay later” can be applied to so many things in life. For example, you can either study now or pay later with a bad grade; you can exercise and eat well now or suffer health problems later; parents can work hard to instill character in their children when they are young or they can pay later when their grown child experiences a number of problems like substance abuse, unemployment, living at home, divorce, etc. How do you think this applies to dating and marriage?

Who or what do you think are the influences in the lives of the confident, independent, and virtuous women you know?

Mentor Remarks and Food For Thought...

Parent Signature